

2020 GIRLS RETURNING STATE COMPETITORS

The following is a list of girls who competed in the state meet last year. The grade preceding their name is their grade this year. After their name, in parenthesis, is their place and mark in that event in the state meet last year. Those people who are underlined are athletes from the North Central Region.

SPRINTS

100 Meter Dash

- (12) Kaitlyn Klein - Garrison/Max (5th - 13.29)
- (12) Kristina Brossart - Rugby (2nd - 12.92)**
- (12) Gabby Hummel - Garrison/Max
- (12) Laken Jacobson - Heart River
- (12) Gracie Bohl - Medina/Pingree-Buchanan
- (11) Lanie Awender - Oakes (1st - 12.55)
- (11) Skylar Crow - Richardton-Taylor (8th - 13.44)
- (11) Elizabeth Schanilec - Midway/Minto
- (11) Makenna Vollmer - Harvey/Wells County**
- (11) Lexis Olson - Langdon Area/Edmore/Munich
- (10) Danielle Hagler - North Star (7th - 13.33)**
- (10) Summer Krebsbach - Glenburn**
- (10) Marit Ellingson - Nelson County
- (9) Deontee Smith - Central Cass
- (9) Aliya Schock - Shiloh Christian (3rd - 13.26)
- (8) Elise Wisnewski - Central Cass (4th - 13.26)
- (8) Morgan Schweitzer - Bottineau**

200 Meter Dash

- (12) Kristina Brossart - Rugby (6th - 26.85)**
- (12) Gracie Bohl - Medina/Pingree-Buchanan (7th - 26.86)
- (12) Kaitlyn Klein - Garrison/Max (8th - 26.88)
- (12) Emma Baasch - Enderlin/Maple Valley
- (12) Julia Sveen - Park River/Fordville-Lankin
- (12) Hannah Sailer - Hazen
- (12) Morgan Hertz - Mott-Regent/New England
- (12) Katya Baranko - Richardton-Taylor
- (11) Lanie Awender - Oakes (1st - 25.85)
- (11) Elizabeth Schanilec - Midway/Minto
- (11) Jayln Hall - Parshall (5th - 26.78)
- (11) Makenna Vollmer - Harvey/Wells County**
- (11) Lexis Olson - Langdon Area/Edmore/Munich (4th - 26.72)
- (11) Skylar Crow - Richardton-Taylor
- (9) Deontee Smith - Central Cass
- (9) Aliva Schock - Shiloh Christian
- (8) Elise Wisnewski - Central Cass (2nd - 26.35)

400 Meter Dash

- (12) Emma Baasch - Enderlin/Maple Valley (7th - 1:00.45)
- (12) Cedar Hall - Parshall (3rd - 59.75)
- (12) Reagan Baesler - Hillsboro/Central Valley
- (12) Brianna Price - New Rockford-Sheyenne**
- (12) Jordan Rodin - Kenmare/Bowbells
- (12) Brinklyn Schumacher - Dickinson Trinity
- (11) Jalyln Hall - Parshall (1st - 58.92)
- (11) Caylee Wilke - Heart River
- (11) Elizabeth Schanilec - Midway/Minto
- (11) Vanessa Cooper - Park River/Fordville-Lankin (8th - 1:00.96)
- (10) Brynn Hyttinen - Southern McLean
- (10) Jadyln Sandy - Velva/Drake-Anamoose**
- (10) Kinsey Zuroff - Glen Ullin/Hebron
- (9) Deontee Smith - Central Cass (4th - 59.78)
- (9) Aliya Schock - Shiloh Christian
- (9) Kod Lauth - Lisbon
- (8) Kelsie Belquist - New Rockford-Sheyenne (6th - 1:00.34)**
- (8) Elise Wisnewski - Central Cass
- (8) Helena Pavek - Dickinson Trinity

MIDDLE DISTANCE - DISTANCE

800 Meter Run

- (12) Reagan Baesler - Hillsboro/Central Valley (2nd - 2:21.63)
- (12) Elise Ramberg - Langdon Area/Edmore/Munich
- (12) Katherine Fox - Parshall
- (12) Julia Bogart - Oak Grove
- (12) Abby Faleide - Central Cass
- (12) Ellie Duchscherer - Rugby**
- (12) Alexius Miller - Bowman County
- (11) Jensyn Zink - Hillsboro/Central Valley (3rd - 2:22.95)
- (11) Sidra Sadowsky - Hettinger/Scranton
- (11) Drew Frolek - Milnor/Wyndmere/Lidgerwood (6th - 2:24.87)
- (10) Quinn Neppl - Benson County**
- (10) Anna Strand - Mayville-Portland-Clifford-Galesburg
- (10) Katie Wilhelmi - Stanley
- (10) Brynn Hyttinen - Southern McLean (8th - 2:25.02)
- (9) Norah Entzi - Edgeley/Kulm (5th - 2:24.85)
- (9) Harys Beauchamp - Beulah (4th - 2:24.09)
- (8) Jaci Fischer - Bowman County (7th - 2:24.87)

1600 Meter Run

- (12) Elise Ramberg - Langdon Area/Edmore/Munich (2nd - 5:19.21)
- (12) Reagan Baesler - Hillsboro/Central Valley (4th - 5:21.68)
- (12) Jakkia Duffy - LaMoure/Litchville-Marion
- (11) Carlee Sieben - Grafton
- (11) Sidra Sadowsky - Hettinger/Scranton
- (10) Quinn Neppl - Benson County (6th - 5:23.66)**
- (10) Anna Strand - Mayville-Portland-Clifford-Galesburg (7th - 5:28.48)
- (10) Dreah Frolek - Milnor/Wyndmere/Lidgerwood (3rd - 5:20.81)
- (10) Whitney Schepp - Velva/Drake-Anamoose**
- (10) Emma Pierce - Trenton
- (9) Jenna Soine - Hatton/Northwood
- (9) Hannah Westin - Shiloh Christian
- (9) Ella Holkesvig - Hatton/Northwood
- (9) Hailey White Owl - New Town
- (9) Emma Wheeling - New Town
- (9) Jordyn Thorson - Southern McLean
- (8) Jaci Fischer - Bowman County (8th - 5:28.99)
- (8) Olivia Frolek - Milnor/Wyndmere/Lidgerwood
- (8) Kaidence Hase - Velva/Drake-Anamoose**
- (8) Kenley Bowman - Bowman County

3200 Meter Run

- (12) Elise Ramberg - Langdon Area/Edmore/Munich (2nd - 11:24.76)
- (12) Jakkia Duffy - LaMoure/Litchville-Marion
- (12) Ellen Gregoire - Larimore
- (11) Carlee Sieben - Grafton
- (11) Vicktoria Holdaway - Divide County
- (10) Quinn Neppl - Benson County (3rd - 11:34.08)**
- (10) Dreah Frolek - Milnor/Wyndmere/Lidgerwood (5th - 11:39.87)
- (10) Anna Strand - Mayville-Portland-Clifford-Galesburg
- (10) Paige Goodsell - Midway/Minto
- (10) Keely Arnston - Benson County**
- (10) Sadie Weninger - Velva/Drake-Anamoose**
- (10) Emma Pierce - Trenton
- (9) Jenna Soine - Hatton/Northwood (8th - 11:44.18)
- (9) Hannah Westin - Shiloh Christian (7th - 11:43.72)
- (9) Baylee Lura - Carrington
- (9) Paysha Rex - Bowman County
- (8) Peyton Gette - Kindred (6th - 11:42.85)
- (8) Brooklyn Bartsch - Rugby**
- (8) Olivia Frolek - Milnor/Wyndmere/Lidgerwood
- (8) Ally Goodmanson - Kindred
- (8) Madison Johnson - Carrington
- (8) Sophie Olsonawski - Mott-Regent/New England
- (8) Kenley Bowman - Bowman County

HURDLES

100 Meter Hurdles

- (12) Tia Horning - Beulah (2nd - 16.21)
- (12) Sara Bonn - Des Lacs-Burlington/Lewis & Clark (4th - 16.59)
- (12) Morgan Hertz - Mott-Regent/New England (7th - 16.72)
- (12) Laura Paulsrud - Hillsboro/Central Valley (8th - 17.02)
- (12) Hannah Haley - New Rockford-Sheyenne
- (11) Kyra Barmoen - Beulah
- (10) Mackenzie Amerman - Kindred
- (10) Lexie Jo Jacobson - Central McLean
- (10) Arielle Grandbois - Pembina County
- (10) Ryleigh Martin - Medina/Pingree-Buchanan
- (9) Zoey Heid - Grant County/Flasher (3rd - 16.47)
- (9) Allison Jarrett - Carrington
- (9) Macey Moore - Des Lacs-Burlington/Lewis & Clark
- (9) Karli Klein - Garrison/Max

300 Meter Hurdles

- (12) Morgan Hertz - Mott-Regent/New England
- (12) Tia Horning - Beulah (4th - 47.36)
- (12) Emma Baasch - Enderlin/Maple Valley
- (12) Katya Baranko - Richardton-Taylor
- (12) Olivia Lutt - Harvey/Wells County
- (12) Hannah Haley - New Rockford-Sheyenne
- (11) Lexis Olson - Langdon Area/Edmore/Munich (2nd - 45.62)
- (11) Brittney Reister - Medina/Pingree-Buchanan
- (11) Jensyn Zink - Hillsboro/Central Valley
- (11) Esmeralda Madrigal - Bowman County
- (11) Olivia Klein - Garrison/Max
- (10) Mackenzie Amerman - Kindred
- (10) Anna Berg - Kindred
- (9) Allison Jarrett - Carrington (8th - 47.81)
- (9) Karli Klein - Garrison/Max (6th - 47.69)
- (9) Mya Schroeder - Carrington
- (9) Zoey Heid - Grant County/Flasher
- (8) Kelsie Belquist - New Rockford-Sheyenne (7th - 47.78)

JUMPS

High Jump

- (12) Maren Bernston - Edgley/Kulm (2nd tie - 5'1")
- (12) Katya Baranko - Richardton-Taylor
- (12) Gabby Hummel - Garrison/Max
- (12) Rachelle Kathrein - Mott-Regent/New England
- (12) Jordan Rodin - Kenmare/Bowbells
- (11) Brooke Blessum - Rugby (4th tie - 4'11")**
- (11) Elaine Martinez - Pembina County (6th - 4'11")
- (11) Hannah Hagel - Carrington
- (11) Amaya Willer - Dickinson Trinity
- (10) Malori Pletcher - Langdon Area/Edmore/Munich (2nd tie - 5'1")
- (10) Annika Nelson - Sargent County
- (10) Grace Kelly - Shiloh Christian
- (9) Kennedy Harter - Kidder County (4th tie - 4'11")
- (9) Genevieve Gruba - Enderlin/Maple Valley
- (9) Harys Beauchamp - Beulah (1st - 5'1")
- (9) Janikka Miller - Rugby**
- (9) Brenna Stroklund - Kenmare/Bowbells

Long Jump

- (12) Tia Horning - Beulah
- (12) Jill Svihovec - Bowman County
- (12) Jessica Kuchera - Milnor/Wyndmere/Lidgerwood
- (12) Emma Baasch - Enderlin/Maple Valley
- (12) Kylan Kubas - Dickinson Trinity
- (12) Morgan Rodgers - Bishop Ryan
- (12) Alyssa Andress - Hettinger/Scranton
- (12) Gracie Bohl - Medina/Pingree-Buchanan
- (12) Rachelle Kathrein - Mott-Regent/New England
- (12) Madison Fraunfelter - Powers Lake
- (12) Leah Feland - Mohall-Lansford-Sherwood
- (12) Genavive - Robbins - Heart River
- (11) Skylar Crow - Richardton-Taylor (3rd - 17'2³/₄"
- (11) Makenna Vollmer - Harvey/Wells County (2nd - 17'3¹/₂"**
- (11) Brooke Blessum - Rugby (1st - 17'3¹/₂"**
- (11) Faith Marion - Grant County/Flasher
- (11) Isabelle Boyer - Grant County/Flasher
- (11) Lexi Telehey - Thompson
- (11) Maya Sumra - Pembina County
- (11) Taryn Hoeckle - Carrington
- (10) Danielle Hagler - North Star (4th - 16'10)**
- (9) Kennedy Harter - Kidder County (6th - 16'8")
- (9) Mayzee Jacobson - Central Cass
- (9) Sierra Schramm - Park River/Fordville-Lankin

Triple Jump

- (12) Jessica Kuchera - Milnor/Wyndmere/Lidgerwood (6th - 34'8³/₄"
- (12) Alyssa Andress - Hettinger/Scranton
- (12) Ashantai Harris - Surrey
- (12) Sara Bonn - Des Lacs-Burlington/Lewis & Clark
- (12) Sarah Lagge - Garrison/Max
- (12) Kelsey Kosiak - South Border
- (11) Makenna Vollmer - Harvey/Wells County (3rd - 35'7")
- (11) Brooke Blessum - Rugby (2nd - 36'4¹/₂")**
- (11) Isabelle Boyer - Grant County/Flasher (7th - 34'3¹/₂"
- (11) Faith Marion - Grant County/Flasher
- (11) Nora Peterson - Mayville-Portland-Clifford-Galesburg (5th - 34'11¹/₂"
- (11) Skylar Crow - Richardton-Taylor
- (11) Lexi Telehey - Thompson
- (11) Hannah Hagel - Carrington
- (11) Katherine Kraft - Center-Stanton
- (10) Stella Benson - Hillsboro/Central Valley
- (9) Kennedy Harter - Kidder County (1st - 37'6")
- (9) Mayzee Jacobson - Central Cass
- (9) Jenna Koppelsloen - Beulah
- (8) Cora Badding - Langdon Area/Edmore/Munich
- (8) Kelsie Belquist - New Rockford-Sheyenne

Pole Vault

- (12) Chelsey Morlock - Killdeer (4th - 9'0")
- (12) Claire Wagner - Oakes (5th tie - 8'6")
- (12) Brinklyn Schumacher - Dickinson Trinity (8th tie - 8'0")
- (11) Nora Peterson - Mayville-Portland-Clifford-Galesburg
- (11) Brooke Blessum - Rugby (3rd - 9'0")**
- (11) Anna Clements - Rugby**
- (11) Alyssa Larson - Shiloh Christian (8th tie - 8'0")
- (11) Shelby Ruden - Des Lacs-Burlington/Lewis & Clark
- (11) Amialia Campana - Des Lacs-Burlington/Lewis & Clark
- (10) Alexa Schneider - Langdon Area/Edmore/Munich
- (10) Azalea Jorgensen - Oak Grove
- (9) Danielle Dobitz - Killdeer (5th tie - 8'6")
- (9) Gracie Doe - Killdeer (7th - 8'6")
- (9) Gracia Rolf - Lisbon
- (9) Brooklyn Groth - Mayville-Portland-Clifford-Galesburg
- (8) Kylie Skadberg - Carrington
- (8) Rylee Satrom - Mayville-Portland-Clifford-Galesburg

THROWS

Shot Put

- (12) Jasmin Mauch - Hankinson (3rd - 38'1½")
- (12) Angel Bobbe - Hazen (8th - 35'3")
- (12) Chloe Gunderson - Des Lacs-Burlington/Lewis & Clark
- (12) Josie Lundquist - Kindred
- (12) Taylor Krege - Ellendale
- (12) Brooke Reiss - Killdeer
- (11) Sadie Hansen - Oakes (2nd - 38'10")
- (11) Jacey Carlson - Griggs County Central
- (11) Kori Nagel - Center-Stanton
- (11) Sophie Hackman - Velva/Drake-Anamoose
- (11) Jacie Hall - Shiloh Christian
- (11) Molly Farstveit - Beach
- (10) Liberty Hook - Griggs County Central (7th - 35'11")
- (10) Jacoby Glasser - Rugby**
- (10) Rebecca Bohrer - Stanley (6th - 36'0")
- (10) Keziah Erickson - Mott-Regent/New England
- (9) Laikyn Roney - Oakes

Discus

- (12) Abby Magnuson - Hillsboro/Central Valley (4th - 113'8")
- (12) Chloe Gunderson - Des Lacs-Burlington/Lewis & Clark (5th - 110'4")
- (12) Faith Dockter - South Border
- (12) Jasmin Mauch - Hankinson
- (11) Kori Nagel - Center-Stanton (2nd - 120'6")
- (11) Haley Huesers - Garrison/Max (6th - 109'10")
- (11) McKenna Rolland - Glenburn
- (11) Sadie Hansen - Oakes
- (11) Claire Dummer - Pembina County
- (11) Alyssa St. Pierre - Trenton
- (11) Nadia Post - Glenburn
- (11) Jess Goetz - Killdeer
- (11) Sophie Hackman - Velva/Drake-Anamoose
- (10) Jacoby Glasser - Rugby (3rd - 113'8")**

Javelin

- (12) Ieesha Jordan - Richardton-Taylor (6th - 121'6")
- (12) Maria Leonard - Rolette (7th - 115'0")
- (12) Haley Hase - Linton/Hazelton-Moffit-Braddock
- (12) Faith Dockter - South Border (1st - 138'9")
- (12) Megan Moser - Medina/Pingree-Buchanan
- (12) Thyra Peterick - Hatton/Northwood
- (12) Kylen Kubas - Dickinson Trinity
- (11) Kendra Odegard - Lisbon (5th - 126'7")
- (11) Sadie Hansen - Oakes
- (11) Nora Peterson - Mayville-Portland-Clifford-Galesburg
- (11) Alyssa St. Pierre - Trenton
- (11) Alexa St. Pierre - Trenton
- (10) Kinsey Zuroff - Glen Ullin/Hebron (8th - 111'8")
- (10) Morgan Lee - Central Cass
- (10) Brooke Anderson - Rugby**
- (10) Callie Hase - Linton/Hazelton-Moffit-Braddock
- (9) Emily Jochim - South Border